

The Upside Of Aging

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Guardian Medical PERS Units

Make sure to press your emergency button monthly to test your PERS unit. When Guardian Medical responds, let them know that you are just testing it.

Always wear your emergency button, as we have had reports of clients falling and not having their button available to push for help.

If you feel that your unit is not working properly or that you would like to try a different option, call **Guardian Medical** at **877-435-7225** and they will schedule one of their local technicians to come over to test it or swap it out for a different unit.



We held a baby shower recently at a local park for our two expecting mothers, Clarissa and Nicole. It was our first face-to-face meeting in over a year. It was nice to see everyone's smiling faces!



520 W Front St, Suite B, Traverse City, MI 49684 | 231-922-4688
Website: www.gtcoa.org

caring for those who cared for you, since 1975

Just a friendly reminder...

> COA will be closed **Monday, September 6** in observance of Labor day
Reminder: COA office is *closed* for lunch between **12 - 1 pm**

AARP Driver Safety Course

AARP may not offer an in-person course here this fall, however the course is available online by going to their website. The cost is **\$21.95** for AARP members and **\$27.95** for non-members.

https://www.aarpdriversafety.org/?_ga=2.204987024.1416045035.1628018895-1085109876.1627421873

When you take the *AARP Smart Driver* online course, you could be eligible for a multi-year discount on your auto insurance. Plus safer driving can save you more than just money. The course teaches proven driving techniques to help keep you and your loved ones safe on the road.

Call our office to cancel your COA worker if you are ill, have been tested for COVID-19, or have been asked to quarantine. Please call within **48** hours if you need to cancel for any other reason, such as a doctor's appt. **(231) 922-4688**

Welcome New COA Employees!

We are excited to announce that we have several new employees at *Grand Traverse County Commission on Aging*.

Please help us in welcoming the following employees:



- ♦ Laurie Barnes - Social Worker
- ♦ Amber Dickey - Home Chore Worker
- ♦ Josh Dickey - Home Chore Worker
- ♦ Liz Reicks - Scheduler
- ♦ Kelly Richmond - Nursing Supervisor
- ♦ Alicia Sammons (rehire) - Homemaker Aide

We are happy to have you on our Team!

July Kudos Winners!

Sara D.

Nancy I.

Congratulations!!



September Staff Birthdays and Anniversaries

Birthdays

Lisa P - 09/09
 Karen Z - 09/11
 Laurie B - 09/13

Anniversaries

Lisa P - 09/02 - 13 yrs